



# VOICE

E-Newsletter of DY Patil International School, Navi Mumbai

In this Issue-

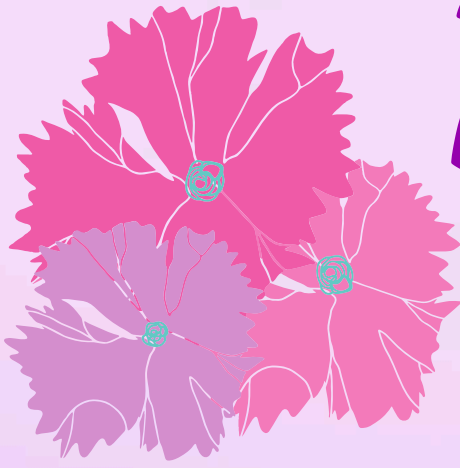
## “The Art of Wonder”

- Curiosity: Where Learning Begins
- Inculcating Curiosity
- A Sneak peek into the Classroom
- Pause and Reflect: World Mental Health Day at DYPIS
- Excerpt from The Oxherd Boy



***“Wonder is the  
beginning of wisdom.”***

***– Socrates***



When children are exposed to different languages early on, they learn them not because they are language geniuses, but because of curiosity. Curiosity makes them listen closely, ask questions, and try new words without fear. The more their curiosity is sparked, the more they learn and grow. This same curiosity helps them develop important skills—not only in language, but also in academics and in building friendships.



# What is Curiosity?

“Replace judgement with Curiosity.”

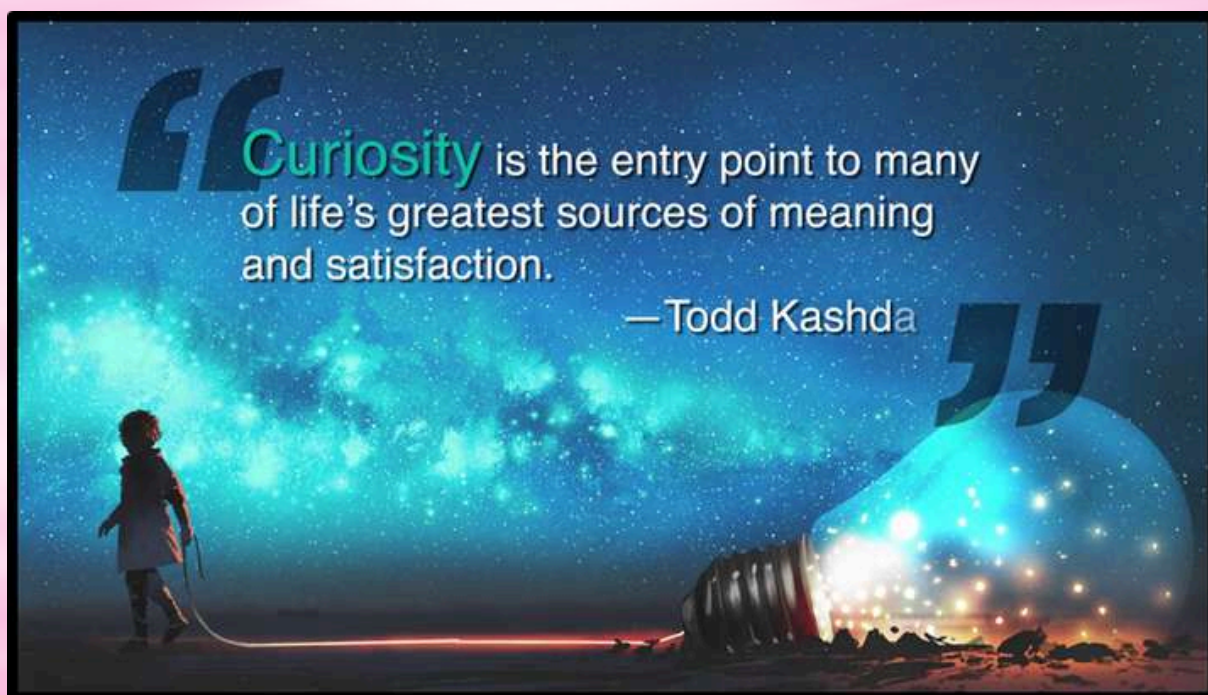
- Lynn Nottage

Curiosity is the feeling that makes you want to learn more about something. It is when your mind says, “Hmm, I wonder how that works?” or “Why does that happen?”



<https://www.linkedin.com/pulse/good-curious-inquisitive-life-kishore-shintre>

Curiosity is your superpower — it helps you see what others might miss. It also means wanting to know more about the world around you. You can be curious by asking questions, trying new things, reading interesting books, and carefully watching what happens around you.



[https://greatergood.berkeley.edu/article/item/how\\_to\\_cultivate\\_curiosity\\_in\\_your\\_classroom](https://greatergood.berkeley.edu/article/item/how_to_cultivate_curiosity_in_your_classroom)

# Why Wonder Is Important?

*"Those who don't believe in magic will never find it."*

*- Roald Dahl*



be curious

enjoy learning more

pay attention

Wonder helps children

use their imaginations

ask good questions

## Ways to Develop Curiosity

*"Curiosity will conquer fear even more than bravery will."*

*-James Stephens*

You ask, "What if?" more than "Why bother?"

Every answer leads to another question.

You turn "I don't know" into "I'll learn."

You find lessons in the unexpected.

Mistakes? You call them "learning opportunities."

### HOW TO BE CURIOUS



ASK QUESTIONS



EXPLORE



OBSERVE



TRY NEW THINGS

# 7 DAILY ACTIVITIES THAT CAN HELP YOU STAY CURIOUS

BY JACOB MORGAN

THEFUTUREORGANIZATION.COM



DRAW, SKETCH, OR PAINT WHATEVER COMES TO YOUR MIND



GIVE YOURSELF TIME TO SIMPLY THINK AND RUN THROUGH POSSIBILITIES



GO ON A WALK AND LET YOUR MIND WANDER



BRAINSTORM IDEAS AND WRITE DOWN EVERYTHING THAT CROSSES YOUR MIND



ASK QUESTIONS OF A FRIEND OR COLLEAGUE



READ, WATCH, LISTEN TO SOMETHING NEW



GO DOWN A RABBIT HOLE ABOUT A NEW SUBJECT

<https://jacobm.medium.com/daily-activities-that-can-help-you-stay-curious-98837ad11c35>

Deeper Engagement

Improved memory and retention

Benefits for Learning and Academic

Enhanced Critical Thinking

Higher Achievement

**OVERALL BENEFITS -**

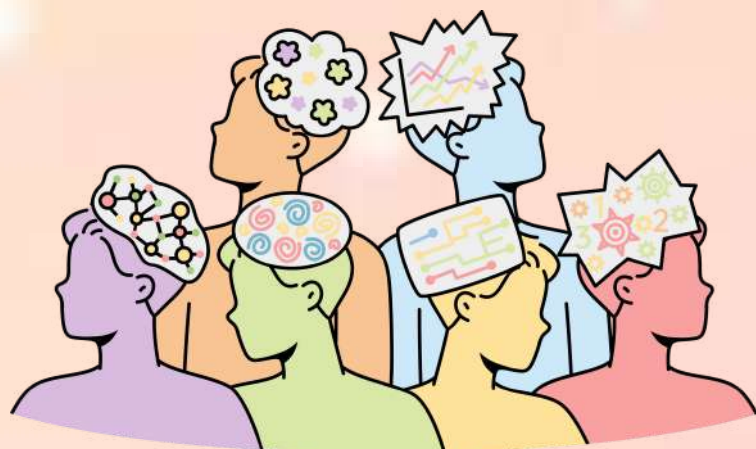
Increased motivation

Resilience

Benefits for Mindsets and skills

Alertness and Awareness

Creativity and innovation



# BUILD YOUR CURIOSITY MUSCLE

## 3 Daily Practices

### Wait

Pause After You Ask

### Ask One More

Just when you think you get it, ask one more thing.

### Challenge Assumptions

"What are we missing here?"

### WHY IT WORKS

- Your brain shifts from reacting to actually thinking
- People move past their rehearsed answers to real insights
- You catch the information you've been missing

### WHY IT WORKS

- You stop jumping to conclusions too fast
- Hidden patterns show up that change your point of view
- Your team brings you insights instead of just updates

### WHY IT WORKS

- You catch problems before they blow up
- Your team stops defending old ideas and starts creating new ones
- Solutions appear for problems that stumped you for months

The result? Better solutions. Deeper understanding.



[https://www.linkedin.com/posts/jumba\\_10-signs-you-have-a-curious-mind-1-you-activity-7174755057970675712-KcZz](https://www.linkedin.com/posts/jumba_10-signs-you-have-a-curious-mind-1-you-activity-7174755057970675712-KcZz)

## Do you have a **closed** mind or a **curious** mind?

### Closed Mind

I'm never going to be good at this.

It's not possible.

What's done is done.

I can't change who I am.

Failure means it's over.

Asking for help shows weakness.

They're better than me, so why try?

### Curious Mind

What steps can I take to improve?

What are the options?

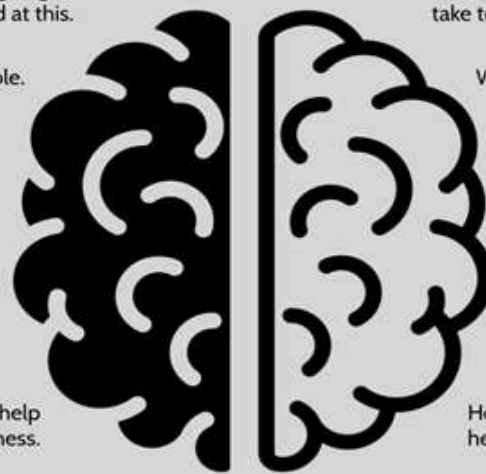
What's another approach?

What changes can I make in myself?

What's the lesson here?

How could asking for help benefit me?

How can I reach my goals?



[https://www.linkedin.com/posts/jumba\\_10-signs-you-have-a-curious-mind-1-you-activity-7174755057970675712-KcZz](https://www.linkedin.com/posts/jumba_10-signs-you-have-a-curious-mind-1-you-activity-7174755057970675712-KcZz)

# Sneak peek into the Classrooms



**“Curiosity and questions will get you further than confidence and answers.”**  
Maxime Lagace

Primary school students participated in activities designed to encourage curiosity and support emotional regulation. These included role-plays, ‘express your emotions’ exercises, an animated video on emotions, reflective writing activities, and class discussions.



Skills are the currency of the future, the more you invest in them, the more valuable you become.



class activities



# Sneak peek into the Classrooms

**“Curiosity and questions will get you further than confidence and answers.”**  
Maxime Lagace



Middle and High School students engaged in activities centered on curiosity and emotional regulation, participating in hands-on experiences such as clay modeling, expressive writing, class discussions, and collaborative group presentations



**Class activities**

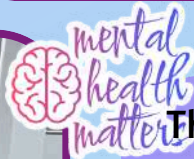




# Pause and Reflect: World Mental Health Day at DYPIS

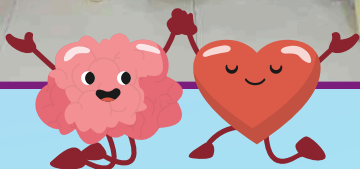


On October 17th, psychology students hosted Pause and Reflect, a lively event celebrating World Mental Health Day. Students enjoyed interactive cognitive games that tested perception, memory, attention, and problem-solving—sparking curiosity and self-discovery. Over 60 participants took part, filling the room with enthusiasm and positive energy.

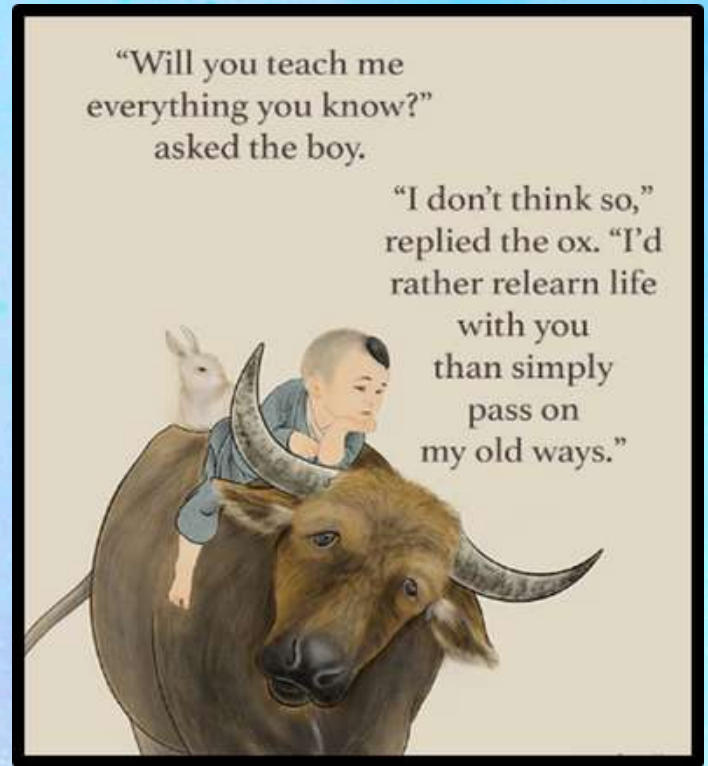
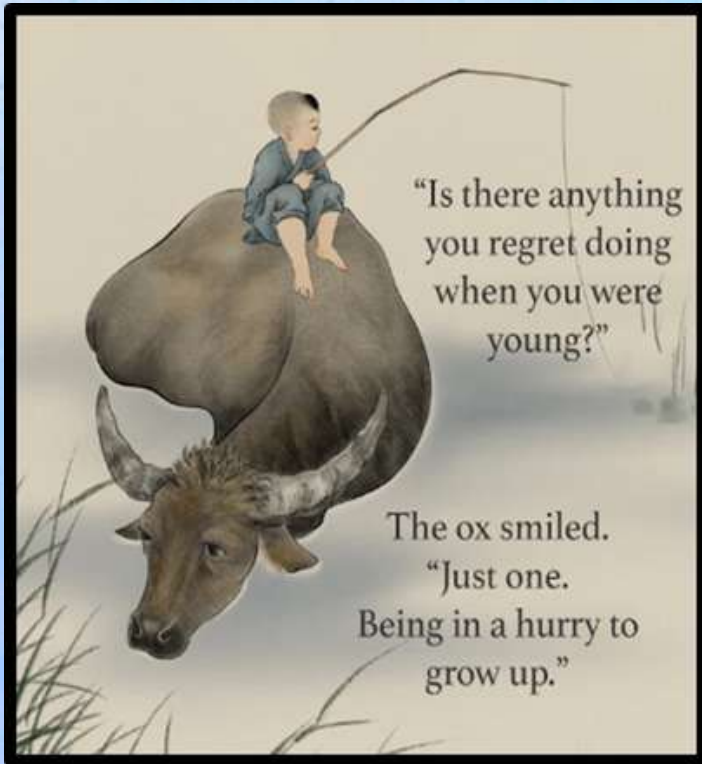


The event also focused on emotional wellbeing. Everyone received uplifting affirmations, and a special Teachers' Corner offered educators a quiet space to unwind and share their thoughts.

Pause and Reflect successfully promoted mindfulness, openness, and a supportive mental health culture across the DYPIS community.



# STORY TIME



Being curious to grow up is one of the major worries in children. This worry limits your experience making it difficult to enjoy the present moment.

Curiosity will always lead to new opportunities along with fascinating, adventurous, and educational pathways.



"Let your curiosity in childhood embrace its innocence. Let it drive your imagination."

**Further readings could be found here**

- <https://opportunityeducation.org/be-curious/>
- [Ted Talk Link](#)

*Keep Reading*



**TEAM DYPIS**