

# VOICE

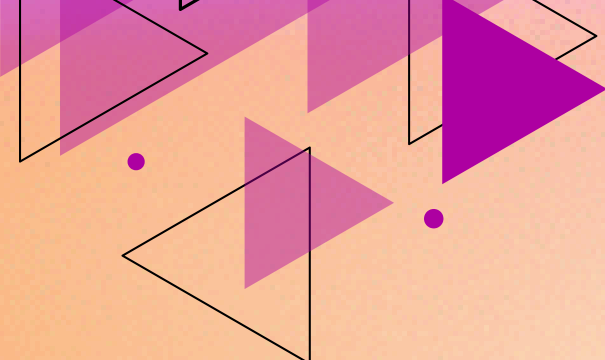
E-Newsletter of DY Patil International School, Navi Mumbai

In this Issue-

## ***A SPARKLE WITHIN: “THE JOURNEY TO SELF-DISCOVERY”***

- Discovering the Sparkle Within
- Sneak peek into the Classrooms
- Students’ Corner





“The future belongs to those who believe in the beauty of their dreams.”

– Eleanor Roosevelt



WISDOM



 *Hello Sparkling Superstars!*

Welcome to an exciting year of exploring, discovering, and learning!

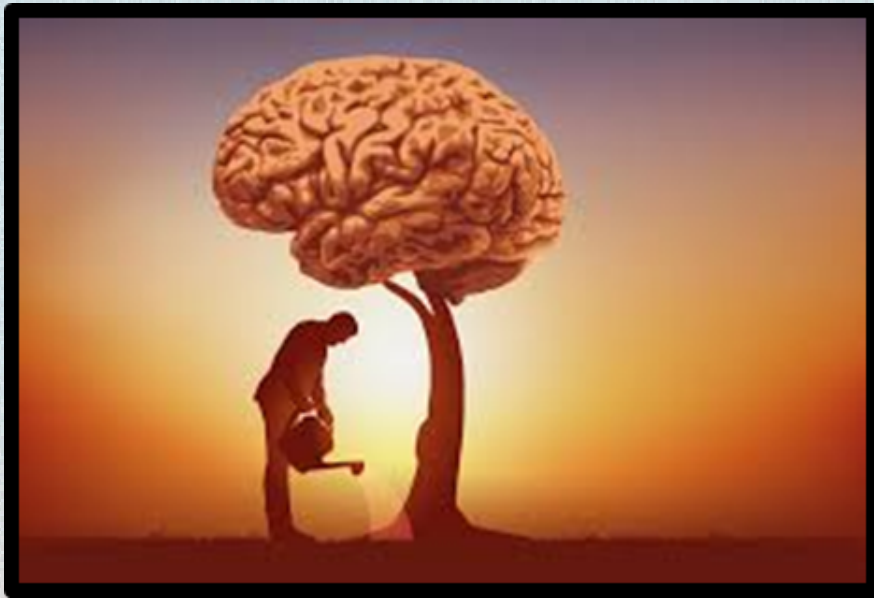
Have you ever wondered what makes someone truly wise—not just smart, but kind, caring, and thoughtful too?

It is not just about knowing lots of facts. **Real wisdom is about how you use what you know**—like speaking kindly, making good choices, or helping a friend when they need it.

You might have heard the word *wisdom* before. But let us think about what it means in real life, not just in a dictionary.

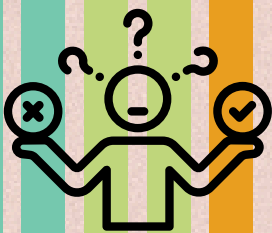
Wisdom means learning from what you do—your experiences, your mistakes, and your successes—and using that learning to make better choices. It helps you understand yourself, care about others, and become the best version of you.

So this year, let us embark on a journey of positive self-discovery—finding the sparkle inside you that shines through your words, your actions, and your heart.



**"Knowing yourself is the beginning of all wisdom."  
—Aristotle**

## How Can We Put Wise Thinking into Action?



Some people think being wise is something only a few special people are born with—but that is not true!

Making smart choices and understanding things deeply is something we can all learn with time, practice, and a little effort each day.

Whether you want to make choices, understand yourself and others better, or handle tricky situations calmly, you are already on the path to becoming wise.

Big thinkers—like philosophers and scientists—say that *wise thinking means using what you know in the kindest, smartest way.*


And the best part? *You can start right now—with small, sparkling steps!*

Let us go on a journey together. We will use something special to help us remember how:

It is called being **W.I.S.E.**

Here's what it means:

## W.I.S.E



**W**onder and curiosity- Ask questions. Explore new ideas. Never stop learning.

**I**ntentional kindness- Choose to be kind—on purpose. Your words and actions matter.

**S**trength in learning and growing- Mistakes are okay! They help us grow stronger and smarter.

**E**mpathy and understanding - Try to understand how others feel. That's how you build deep connections.

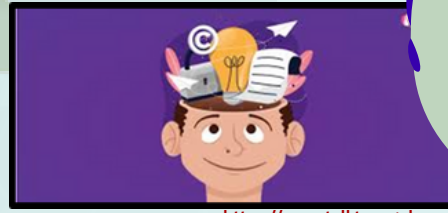
Sometimes it is hard to stay motivated or stop putting things off—but every time you take a step forward, even a tiny one, you are becoming wiser.

Every little step counts.

As we walk this **W.I.S.E.** path together, we will light up the world with our curiosity, kindness, strength, and heart.

# Steps to sparkle our way to wisdom!

"If you cannot do  
great things,  
do small things in  
a great way."  
-Napoleon Hill



<https://www.talktoangel.com/>



## What Makes It Awesome!



**"PLAY GIVES CHILDREN A CHANCE TO PRACTICE WHAT THEY ARE LEARNING."**

**-FRED ROGERS**

# Sneak peek into the Classrooms



As the new academic year began, students in the Primary Section stepped into a world of exploration, connection and fun!

Through exciting ice-breaking activities like 'Follow the Leader', 'Draw from Memory', and 'Mind Reader', children practiced teamwork, creativity, and thoughtful communication—all important steps on their journey to becoming W.I.S.E. individuals.

These joyful moments helped students feel comfortable, build friendships, and start the year with curiosity, kindness, and a readiness to grow.

Each activity was not just play—it was a sparkling step toward making smart choices, learning together, and understanding one another better.

**"PLAY GIVES CHILDREN A  
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**-FRED ROGERS**

# Sneak peek into the Classrooms

Middle and High School students engaged in a series of meaningful activities designed to spark deeper thinking and personal growth.

Through interactive games, thought-provoking discussions on life goals, focus, and handling peer pressure, students had the opportunity to reflect on their choices, values, and aspirations.



These sessions encouraged them to look inward, build resilience, and develop the kind of thoughtful decision-making that nurtures true inner strength and character —key steps in their journey toward becoming wiser, more self-aware individuals.



# Story time!

## The Two Drops of Light

Once, a young man named Peter set out on a journey to the legendary Kingdom of Happiness—a place where every person glowed with inner joy. He hoped to uncover its secret and discover what he was missing within himself.

At the heart of the kingdom lived a wise Master who welcomed Peter with a warm smile.

“I will give you a task,” said the Master, placing a small silver spoon in Peter’s hand. In the spoon were two glowing drops of light. “Walk through the kingdom,” the Master said, “and whenever you meet someone whose spoon is empty, share two drops. But take care—not to lose your own.”

Eager to succeed, Peter walked through the village with intense focus. His eyes never left his spoon. He moved carefully, avoiding bumps or sudden steps. Now and then, he paused to share a little light with children or the elderly. Each time he gave, he felt a flicker of warmth inside.

Two hours later, he returned, the two drops still intact.



“Did you see the singing fountains? The rainbow bridge? The trees that whisper stories?” asked the Master.

Peter blinked. “No... I was too busy protecting the light.”

The Master nodded gently. “Then walk again. But this time, don’t forget to look around.”

So Peter set off once more, this time lifting his gaze. He noticed wildflowers dancing in the breeze, children playing in the streams, musicians strumming melodies of joy.

# Story time!

## The Two Drops of Light



He marvelled at the vibrant colours and the laughter that filled the air. He even shared more of his light with those who needed it, forgetting for a moment about the spoon.

When he returned to the Master, the spoon was empty.

The Master looked at him kindly. “And now, did you see the beauty?”

“I did,” said Peter, smiling. “But I lost my light.”

The Master placed a hand on his shoulder.

“Then here is the truth: Happiness is not in protecting your sparkle so tightly that you miss the world nor in giving so much that you lose your light.

It lies in learning to walk through life with balance—seeing the wonder around you, sharing your light with others, and still honoring the two drops of light within your spoon.”

## Conclusion

**Self-discovery is the art of balance—between giving and growing, between caring for others and cherishing yourself. As we explore the world with open eyes and hearts, we discover that our true sparkle lies not just in who we are, but in how we walk through the world.**

# Students Corner

[Try this out and share the experience for our next newsletter - click here](https://docs.google.com/forms/d/e/1FAIpQLSffP0o-n9KAL8z3zLguU3MsKKUuxCXcdT2o9eL3WAWnKuc4eA/viewform?usp=header)  
<https://docs.google.com/forms/d/e/1FAIpQLSffP0o-n9KAL8z3zLguU3MsKKUuxCXcdT2o9eL3WAWnKuc4eA/viewform?usp=header>

## Wisdom Circle

- At home or school, pick one of the five steps and share how you used it this week.

## Curiosity Corner

- Try something new, draw, experiment, or explore!

## Feelings Journal

- Write or draw feelings each day—and think about what helped you feel better.

## Advice Hunt:

- Ask someone: “What’s one wise thing you’ve learned?” Write them down and try it!



*Live in the present*



KEEP  
*going*  
KEEP  
GROWING

